

Custom and Advanced Peels: Jan 2014



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Please ring to arrange an appointment

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ADVANCED TREATMENT

ANGELITE

What is the difference between Nomelan Fenol and other surface peelings?

Nomelan fenol has a deeper action level than other surface peelings. Because of this, the cell renewal or exfoliation produced is higher, and the effects on the skin are faster and more impressive. From the first application of nomelan fenol you can clearly observe the benefits of this peeling. Nomelan fenol also repairs deeper layers of the skin, so its results last longer. It is not necessary to have skin problems to realise the exfoliation power and cellular renewal benefits of this peeling. These properties alone make it easy to see why it is a recommended peeling for people of all ages to maintain healthy, bright skin that is protected against external aggressions.

The procedure with Nomelan Fenol is fast and simple does not usually have complications or side effects, and can easily be incorporated into the daily routine of the user. After peeling the skin may feel slightly tight, but very smooth and soft. It also may have a slight surface anaesthesia sensation when touched. All of these minor annoyances disappear spontaneously after 15 or 30 minutes. On the third day after completing the peeling, the skin will experience a process of cell renewal that will result in total skin exfoliation. After the peeling, which finishes in 4-5 days, skin appears more smooth, flexible and radiant, with a more uniform colour and brightness.



Skin Peeling Treatment

What is a chemical peel?

A chemical peel is a skin treatment technique used to improve and smooth the texture of the skin using a chemical solution that causes the dead skin to slough away and/or eventually peel off depending on peel depth. The regenerated skin is smoother and less wrinkled than the old skin. It has various diverse purposes such as cleaning, nutrition, hydration, decreasing the effects of aging, seborea regulation, depigmentation, and so on. Peeling is considered today as a minimally invasive good option, which helps maintain healthy, cosmetically beautiful skin that inhibits the effects of aging.

Light Peels

These peels require no down time, slight flaking of the skin may occur but no sheet peeling.

Alpha hydroxy acid peel - Glycolic

Alpha hydroxy acids (AHAs) are naturally occurring carboxylic acids such as glycolic acid, a natural constituent of sugar cane juice and lactic acid, found in sour milk and tomato juice. This is the mildest of the peel formulas and produces light peels for treatment of fine lines, areas of dryness, uneven pigmentation and to treat acne. **Best for giving normal to dry skin a rejuvenating exfoliation super boost & treat mild acne.**

Alpha hydroxyl acid peel – Mandelic

Mandelic acid is obtained through the hydrolysis of bitter almond extract. Mandelic acid is perfect for sensitive and delicate skins as well as darker skins and causes little or no discomfort or heat on application. Used to treat areas of uneven pigmentation, rosecea, areas of rough/dry skin and enlarged pores. Mandelic acid breaks intercellular cement, stimulates collagen synthesis, and activates cellular regeneration. Lightening action effective for the treatment of irregular hyperpigmentations. **Best for darker & sensitive skins, helps hyper/hypo pigmentation, photoaging, rosecea & inflamed acne.**

Beta hydroxy acid peels - Salycilic

Similar to alpha-hydroxy acid (AHA) peels - BHA peels provide moderate exfoliation and skin rejuvenation results that retexture, smooth and brighten the skin. Rough and dry patches can be resurfaced, uneven pigmentation spots can be reduced and the look of fine lines and wrinkles can be improved as dead skin cells detach and generate new skin cell growth. This is based on the fact that salicylic acid is lipid-soluble, and therefore can penetrate deep into oily skin types, more so than citric or glycolic AHAs.

Acne blemishes, blackheads, whiteheads and plugs of keratin and dirt can be treated more effectively with BHA chemical peel solutions due to the lipid-solubility. **Best for normal to oily skin to treat photoaging, wrinkles actinic roughness, inflamed & non-inflamed acne, scars & rosecea.**

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Medium Depth Peels

These peels involve total shedding of the top layers of the skin for a period of 3-7 days.

TCA Peel

What is a TCA peel?

TCA stands for tri-chloroacetic acid and is one of the original skin rejuvenation peels. They are recommended for men and women of all ages wanting to improve moderate to severe sun damage, pigmentation and or signs of ageing.

Superficial TCA Peels are designed as moderate peels. Their strength and therefore peeling effects can be increased by layering the applications. The peel depth is dependent on the patient's skin type, skin condition and desired outcome.

What can TCA treat?

- Improves photo ageing (premature ageing caused from the sun)
- Speeds up cell renewal
- Helps stimulate collagen production
- Blotchy pigmentation is reduced
- Freckles are reduced
- Fine lines are reduced
- Some types of acne scarring are reduced

Contra-indications (Reasons why TCA peels may not be suitable for you)

- Roaccutane use in the last 6 months
- Dermatitis or infection in the area to be treated
- Pregnancy
- Abnormal wound healing

What does it feel like?

TCA peels have a burning sensation when initially applied, which subsides in a couple of minutes as it neutralises. During this time a fan is held over the face which blows out cool air, significantly helping to reduce the sting. Cold compresses are applied after completion to help cool the skin.

How does my skin look after the treatment?

- Mild to moderate redness and sensitivity (similar to a sunburn) lasting12 to 48 hours
- Skin feels dry and tight with almost a plastic type appearance
- Some darkened areas of skin may occur (this is skin preparing to shed)
- Varying amounts of sheet peeling (like sunburn) will occur forapproximately 3-7 days after your treatment. It is very important toavoid picking or peel the skin prematurely as this can lead to prolongedhealing or even scarring
- Makeup is fine to use, though just keeping the skin moist often looksbetter and assists in faster peeling time

- After the skin has shed it is often slightly pink for 1-2 weeks, has ahealthy glow, feels softer, smoother and is more even in colour
- It is important to protect the new skin from the sun by using a broadspectrum (UVA/UVB) SPF 30+ sunscreen daily

Potential complications

- If the peeling skin is removed prematurely, prolonged healing and orinfection is possible and may lead to a scar
- Possible herpes simplex outbreak if prone to cold sores
- Hyperpigmentation (darker areas of pigment on the skin) lasting 1 to 12months if broad spectrum UVA/AVB sunscreen is not worn daily

Skin Preparation and aftercare

Before a medium depth peel a pre treatment product will be required to be used for 2 weeks prior to peeling to prepare the skin and speed up the peeling and healing process, a post treatment pack will also be required containing everything your skin will require post treatment.

Avoid the use of moisturisers or lotions containing active ingredients such as retinol, glycolic acids, perfumes and colours. Please use the moisturiser supplied to you for 3-7 days or until your skin is no longer sensitive. Thereafter, continue with your usual moisturises unless advised otherwise.

Your skin will be a little more sensitive to the sun so keep sun exposure to a minimum. Please wear sunscreen daily. This should be a regular routine for you anyway!

Nomelan Phenol Peels

What is nomelan fenol?

Nomelan fenol is a revolutionary, effective and safe chemical peel for medical use. The effects of nomelan fenol are impressive from the first treatment:

What can Nomelan Phenol treat

- Immediate lifting effect 1-2 days after the application
- Long lasting tightening effect
- Reduction in the number, size, and depth of wrinkles
- Finer and smoother skin
- Improved skin brightness
- Clarification of skin marks and dark patches, and a more homogeneousskin color
- Reduction of acne lesions
- Reduction of scars and stretch marks

Nomelan Phenol contra-indications, how it feels on application, how your skin looks after treatment and pre and post care instructions are the same as with a TCA peel.

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Price List 2014

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| Glycolic Course of 4 | £60 £200 (save £40) |
| Mandelic Course of 4 | £75 £260 (save £40) |
| Salycilic Course of 4 | £80 £280 (save £40) |
| TCA Book 2 | £200 £350 (save £50) |
| Nomelan Phenol Book 2 | £300 £550 (save £50) |

Pre & Post Treatment for TCA & Nomelan Phenol

Pre Peel - Retises 0.5% £58

Post Peel Pack £85

Contains everything needed to maintain results and repair the skin immediately post peel.

Hidraven Soap Free Wash Cream - Cream with natural plant extracts, suitable for daily hygiene of sensitive delicate skin 50ml

Nomelan C Post-Treatment Cream – Restorative cream for daily use. Contains moisturising, hydrating and regenerative ingredients 30ml

Silkses Hydrating Skin Protector – Skin moisturiser formulated with silicone polymers, vitamins A, C & E and plant extracts (aloe & Mimosa); ingredients that facilitate the process of natural skin regeneration 30ml

Retises CT Yellow Peel – Regenerating cream with exfoliation action indicated for the treatment of photo-aging, hyper pigmentation, acne, scars & stretch marks from skin relaxation 5ml